

Mushrooms are fungi rather plants. Mushrooms often grow near the base of trees, on trees, or around trees.

When considering how to grow or find mushrooms, the mushroom picker must know which mushrooms are edible.

Edible Mushrooms offer sources for minerals and nutrients since [mushrooms](#) absorb the minerals out of the soil.

Edible Mushroom Species **

Harvest Period

Usage Notes

- Bearded Tooth
- Boletes with white or grey pores
- Chanterelles
- Coral Fungi
- Hen-of-the-Woods
- Morels
- Oyster Mushrooms
- Puffballs
- Shaggy Mane
- Shaggy Parasol
- Sulfur Shelf
- Truffles

Poisonous Mushroom Species ***

Toxic Symptoms

- | | |
|----------------------------------|---|
| Amanitas | Potentially Deadly if consumed |
| Boletes with red or orange pores | |
| False Morels | Diarrhea, vomiting, headaches, Possible Death |

Green-spored Lepiota Serious Stomach Pain and Digestion problems.
Jack-O'-Lantern Serious Illness by toxin.
Little Brown Mushrooms Some varieties can cause death by toxin.

** [Edible Mushroom Website with Pictures](#) [2nd Mushroom Website](#)

*** [Poisonous Mushroom Website with Pictures](#)

[Wikipedia's List of Poisonous Mushrooms Confused for Edible Mushrooms](#)

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